

*Suggested Interview Questions for
Karen Mehringer's
Sail into Your Dreams*

- What made you and your husband, decide to up anchor and set sail?
- What were your greatest fears about leaving your job and lifestyle?
- What were some of the highlights of your travels?
- How did this experience transform your life?
- What made you decide to turn this journey into a book?
- Since leaving your old life in Seattle behind, do you ever experience periods of restlessness or dissatisfaction?
- What is the first step to living a more purposeful life?
- How can we live a more purposeful life every day; not just for the big changes but on a day to day basis?
- What advice do you have for someone of limited financial means who may hesitate to leave his or her job/switch careers?
- What tools can you give us to overcome our fears of making a major life change?
- Is there anything else you would like to share with the audience at this time?